



# St John's First School

## PE Development plan

### 2018- 2019

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**St Johns First School**  
**PE Development Plan**  
**2018/ 2019**



**Long-Term Vision for Physical Education**

At St. John's, we believe that Physical activity not only improves health, reduces stress and improves concentration, but also promotes correct physical growth and development. Exercise has a positive influence on academic achievement, emotional stability and interaction with others. We aim for both teachers and children to be aware of its importance. We strive to provide the broad and balanced programme of physical education we believe every child should have; with activities designed to be enjoyable, vigorous, purposeful and regular. Through providing positive experiences, a lifelong interest in physical activity is encouraged. We value the importance of a varied curriculum experience. Our aim is to increase participation in physical activity outside of the two hours offered as part of the curriculum. In order to achieve this vision, we strive to offer varied opportunities for engagement in physical activity at lunchtimes and after school which are tailored to the children's interests.

In order to achieve this vision:

- We will ensure that every child receives 2 hours of quality PE teaching each week, which involves them being active for at least 90% of the lesson.
- We will offer a variety of extra-curricular physical activities to every child.
- We will promote excellence in sport through providing opportunities for all children to compete at an appropriate level.
- We will introduce children to a wider variety of physical activities through engagement with other stakeholders.
- We will celebrate children's successes in sport and physical activities in and out of school.
- We will educate the children about the positive impact of a healthy lifestyle, including the benefits of physical activity, on their physical and emotional well-being.
- We will ensure sustainability by making sure that all staff have adequate training to be able to deliver PE effectively and realise the whole school vision for PE.
- We will purchase appropriate equipment which allows us to deliver the varied curriculum and extra-curricular activities.

For PE and Sport Premium Spend 2018-19 see separate document.



## 3 Year Plan

Objective	Year 1	Year 2	Year 3
Ensure that every child receives 2 hours of quality PE teaching each week, which involves them being active for at least 90% of the lesson.	Introduce PEDPASS scheme in KS1 and 2. Begin to plan, teach and assess in this way.	PEDPASS scheme embedded in KS1 and 2. Teachers will be confident with planning, teaching and assessment.	Most children will be working within the appropriate year group and making good progress.
Offer a variety of extra-curricular physical activities to every child.	To appoint new sport coaches to offer a variety of after school clubs. To consult children about their interest and offer clubs which match their preferences.	To monitor and evaluate attendance at sports clubs and investigate reasons for children who have not attended, in order to encourage 100% participation next year.	For 100% of children in KS2 to participate in at least one extra-curricular sports club during the academic year.
Promote excellence in sport through providing opportunities for all children to compete at an appropriate level.	Children will be introduced to the benefits of competition and begin to compete against themselves and others within lessons. Some children in KS2 will be representing the school at local competitions.	Children will be regularly competing within school e.g. inter house competitions. Develop a team culture amongst pupils. Teams will begin to be developed in different sports.	Competition will be an integral part of PE. Children will all compete during lessons and understand the benefits of competitions. Children who excel in sports will be encouraged to compete against other schools and school teams will be established.
Introduce children to a wider variety of physical activities through engagement with other stakeholders.	To investigate local sports groups and organisations and to invite them into school (To target Ice Skating and Tai Kwondo - 2017/18).	For a variety of community clubs and organisations to visit school and for children to be aware of what out of school sporting activities are available.	To have well established links with community sports groups and organisations. For more children to be attending out of school sports activities as a result of these links.
Celebrate children's successes in sport and physical activities in and out of school.	Introduce award system for extra-curricular activities and (booklet -17/18 continue to celebrate pupils' successes in assemblies.	To introduce systems to recognise and reward participation, excellence and good sporting attitudes in and out of school.	Reward systems will be embedded and children will have a greater awareness of their own and others' successes.
Educate the children about the positive impact of a healthy lifestyle, including the benefits of physical activity, on their physical and emotional well-being.	Introduce children to alternative physical activity e.g. yoga/tai chi and to teach them about the benefits of this to their emotional and physical well-being.	To develop staff skills to be able to deliver these activities to pupils. To begin to plan and deliver well-being activities within lessons and as extra curricular activities.	Well-being activities are embedded as a regular part of school routine.
Ensure sustainability by making sure that all staff have adequate training to be able to deliver PE effectively and realise the whole school vision for PE.	To identify areas of need for staff development through questionnaires, discussion and mini-observations. PE co-ordinator to complete Level 5 course in order to support other staff.	To provide relevant training or peer support in identified areas of need.	All staff are confident and competent to deliver all aspects of PE effectively.
Purchase appropriate equipment which allows us to deliver the varied curriculum and extra-curricular activities.	To audit existing sports equipment and purchase additional equipment required to deliver PE lessons and extra-curricular activities.	Sports equipment is kept current and up to date to meet requirements of the curricular and children's interests. Children are consulted in this process.	Sports equipment is kept current and up to date to meet requirements of the curricular and children's interests. Children are consulted in this process.

To ensure that lessons other than PE are more active and children achieve at least 30 minutes physical activity per day in school.	NEW TARGET in Y2	Introduce Maths of the Day and train staff. All staff begin to use this prograe with their class.	Maths of the Day is embedded and well used in all year groups. Other subject areas are becoming more active.
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Year 3 Action Plan						Leader: Mrs Myatt Link Governor: Dave Dee	
Prioritised Objectives	Actions	Time Frame	Resources	Success Criteria - Impact	What will the evidence be?	Date that action was introduced/ monitoring began	Date action was evaluated as embedded
Ensure that every child receives 2 hours of quality PE teaching each week, which involves them being active for at least 90% of the lesson.	To employ an apprentice TA to support in PE sessions, in order to provide a higher ratio of adults to children in order to give more support to those who require it and challenge the more able.	Whole year target.		Children will have more adult support during PE lessons and as such will be more active during each lesson.	Pupil voice, planning, lesson obs.	September	Summer 2019
Educate the children about the positive impact of a healthy lifestyle, including the benefits of physical activity, on their physical and emotional well-being.	Introduce forest schools into school, through a member of staff becoming a trained Forest Schools practitioner and delivering sessions in curriculum time.	Course - Autumn term? Club - spring and summer term	Forest Schools training for CA	Forest Schools will be delivered weekly in Foundation Stage by the summer term.	Planning, photos, certificate from course.	Autumnterm	Summer Term
Ensure sustainability by making sure that all staff have adequate training to be able to deliver PE effectively and realise the whole school vision for PE.	To provide extra support and training for Teachers in KS1 and KS2 based on identified areas of need. CM to support through staff meeting and team teaching. Courses to be arranged if required.	Throughout the year	Time for CM to observe and team teach.  Possibly courses.	All teaching across school will be of a good quality and teachers will feel confident in all areas of PE	Lesson observations. Pupil voice questionnaire. Link gov. observations.	Summer term	Summer Term
Introduce children to a wider variety of physical activities through engagement with other stakeholders.	For PE co-ordinator to hold a fitness and health workshop for parents - explaining the obesity strategy and the one hour of physical activity a day.	Autumn term	school hall for parent workshop. CM time	Children will be aware of these two clubs and some may become members.	pupil voice. Club registers		Ongoing target (moved to 2019-20)
Introduce children to a wider variety of physical activities through engagement	Children will be more active at lunchtimes through being offered a wider variety of activities.	Spring term	Outdoor speaker, hula hooping	Children will be enthusiastic about participating in a variety of physical activities.	CM to question children about how they feel about physical activity.	Autumn Term	Spring term

with other stakeholders.			enrichment day More lunchtime equipment				
To ensure that lessons other than PE are more active and children achieve at least 30 minutes physical activity per day in school.	To provided resources to allow extra physical activity during maths in child initiated learning in EYFS	Autumn term.	EYFS maths activity chest.	Observations on tapestry.			Summer Term